

Vedanta Gesellschaft, Germany

PROGRAMME FOR 2010

Sunday programmes in Berlin

Swami Baneshananda conducts monthly Vedanta-Retreats in Berlin at 11:00 a.m. on Sundays (Please see dates below.) for about two hours in the meeting room of the vegetarian restaurant "Satyam", Goethestraße 5, 10623 Berlin, (U-Bhf. Ernst-Reuter-Platz or S-Bhf. Savignyplatz).

Programme:

- (i) Opening-Bhajan;
- (ii) Reading, discussion, Question-Answer (about 30 minutes);
- (iii) Talk on the theory of meditation (about 25 minutes);
- (iv) Gayatri-chanting (about 10 minutes);
- (v) Chanting of OM (about 5 minutes);
- (vi) Guided meditation (about 30 minutes);
- (vii) Closing song/reading.

Those who want to take part in the retreats may kindly contact Mr. P. K. Ghosh (Co-ordinator), Dahlemer Weg 161 a, 14167 Berlin, Tel.: (030) 8 17 44 52, Fax: (030) 84 70 70 98, E-Mail: pradeepk.ghosh@gmx.de

Dates for Sunday programmes at "Satyam", Berlin:

March: 28; May: 23; June: 27; September: 26; October: 24; November: 14; December: 12

Saturday programmes in Mühlheim am Main

We conduct regular Saturday programmes (*Please see the dates below.*) at Pestalozzistraße 2

Programme till April 2010:

- 15:30 – Tea
- 16:00 – Class on the Yoga-sutras/Bhagavad-gita
- 16:45 to 17:00 – Break
- 17:00 to 17:45 – Prayer and meditation

Programme from May 2010:

- 15:00 – Sanskrit class
- 16:00 – Tea
- 16:45 – Class on the Yoga-sutras/Bhagavad-gita
- 17:30 to 17:45 – Break
- 17:45 to 18:30 – Prayer and meditation

Dates for Saturday programmes at Pestalozzistraße 2:

- January 2010: Yoga-sutras: 30
- February: 6, 13, 27.
- March: 6, 13, 27.
- April: 10, 25 (Sunday).

May: 1, 8, 22, 29.
June: Bhagavad-Gita (No Sanskrit class): 5, 19, 26.
July: 3, 10, 17, (Yoga-sutras): 31.
August: 7, (Bhagavad-Gita)(No Sanskrit class): 28.
September: Yoga-sutras: 4, 11, 25.
October: 2, 9, 23, 30.
November: 6, 13, (Bhagavad-gita)(No Sanskrit class): 27.
December: 4, 11.

Lessons in Sanskrit-language in Mühlheim am Main

Swami Baneshananda will give lessons in Sanskrit-language from 1st May 2010 (Please see the dates below.) at Pestalozzistraße 2. The one-hour class begins at 3 p.m. For registration, please contact us after 28 February 2010.

One has to oneself procure one's own book and other materials. The following books will be helpful:

- (i) A Sanskrit Manual: Part - I, by R. Antoine, published by Allied Publishers Private Limited, India;
- (ii) A Sanskrit Manual: Part - II, by R. Antoine, published by Allied Publishers Private Limited, India.

Dates for Saturday Sanskrit-lessons at Pestalozzistraße 2:

May: 1, 8, 22, 29.
July: 31.
August: 7.
September: 4, 11, 25.
October: 2, 9, 23, 30.
November: 6, 13.
December: 4, 11.

Monthly Retreats at Bindweide

19 to 21 March: Retreat with Swami Baneshananda and Swami Bhaswatananda. *Topic: The Soul and Its Destiny.*

16 to 18 April: Retreat with Swami Veetamohananda of Centre Vedantique Ramakrishna, Gretz, France, and Swami Baneshananda. *Topic: Sri Ramakrishna and Universal Harmony.*

14 to 16 May: Retreat with Swami Baneshananda and Swami Bhaswatananda. *Topic: Application of Vedantic Ethics.*

11 to 13 June: Retreat with Swami Dayatmananda of Ramakrishna Vedanta Centre, Bourne End, UK. *Topic: The Bhagavad Gita: Chapter 13.*

Annual Members' Meeting on 13 June in the afternoon.

23 to 25 July: Retreat with Swamis Baneshananda and Bhaswatananda. *Topic: Life's Twofold Journey.*

14 to 21 August: *An eight-day spiritual Summer Camp at Bindweide.* The programme will include: 06:00 – Meditation; 06:30 – Singing and reading; 08:30 – Karma Yoga; 10:30 – Gayatri-chanting & Meditation; 15:30 – Discourse on *topics: "Transformative Action", "Devotion vs. Emotion", and "Inner Realities"*; 17:00 – Free time; 18:30 – Prayer; 18:50 – Meditation; 20:45 – Reading from holy books.

A detailed programme will be issued in due time. Please book your accommodation before 6 August 2010 in order to help us arrange for your stay in advance.

17 to 19 September: Retreat with Swami Baneshananda and Swami Bhaswatananda. *Topic: The Ultimate Question.*

15 to 17 October: Retreat with Swami Baneshananda and Swami Bhaswatananda. *Topic: The Final Answer.*

19 to 21 November: Retreat with Swami Jyotirupananda of Ramakrishna Vedanta Centre, Moscow, Russia. *Topic: Practice of the Presence of God.*

27 December 2010 to 1 January 2011: [A six-day intensive spiritual camp for 2010-11](#) with Swami Baneshananda and Swami Bhaswatananda. The programme will include, among other things, guided meditation, reading from the Bible and other holy books, spiritual discourses, devotional singing and silence. A detailed programme will be issued in due time.

(Since it is a very busy time of the year, we request you to book your accommodation before 15 December 2010 in order to help us arrange for your stay in advance. Those who want to leave on 1 January morning should arrange for their own conveyance.)

****** *For any programme in the ashrama, please book your accommodation well in advance.*

****** *In case of cancellation of your booking, kindly send € 10.*

Universal Prayers

May He who is the Brahman of the Hindus, the Ahura-Mazda of the Zoroastrians, the Buddha of the Buddhists, the Jehovah of the Jews, the Father in Heaven of the Christians, give us the strength to carry out our noble ideas! — Swami Vivekananda

May all be happy. May all be free from disease. May all achieve perfection in this life. May none suffer from misery in this world. —The Vedas

O Lord, please accept our offering. Bless us. Make us pure and all-loving. May we not accuse, demand or complain, but love, respect and cooperate with all. May we not find fault with others, but try to find our own faults. May we not treat others as strangers, but learn to make all our own. —from the words of Holy Mother

Om peace, peace, peace be unto all!

